

# Dunnington News



27<sup>th</sup> April 2018

## STAFF NEWS ....

It is lovely to welcome back Mrs Pip Rab to the school following her adoption leave with Walter. Mrs Rab will be job sharing with Mrs Elliott in Year 5 and I am sure all the children will ensure that she settles back into school life quickly!

## FOOTBALL NEWS



Ralph Butterfield v Dunnington  
Match Report by Jacob Bryant and Ben Symington

*Dunnington started well and opened the scoring through Connor Reid. The two teams went into half time with Dunnington 2-0 up, after Rory Thornton smashed it into the top left corner from outside the box. Soon after half time, Freddie Morris scored two quick goals. He then topped off the hat-trick with a brilliant curling shot into the bottom right corner. Ralph Butterfield put some pressure on Dunnington, but it came to nothing. They didn't look much of a threat to the Dunnington goal, due to some brilliant defensive performances by Ben Symington, Luke Bailey and Rory Thornton. The game finished 5-0 to Dunnington.*

We are very proud of our Year 6 football team who completed their successful league season with a 2-2 draw at Huntington. This means that they are joint top winners of their league with Huntington and are through to the finals. (date yet to be confirmed) This is due to a lot of hard work in training sessions, superb coaching by Mr Scoreby and Rosie Todd and a fantastic team ethos from the boys. They are a real credit to the school and we will keep you updated as to how they progress in the Champions League finals. Well done boys!

Mrs Rowntree

**\*\*Please return kit by Monday at the latest as the girls have a match on Monday evening\*\***

## NEWS FROM THE QUIET ZONE

This week pupils attending the quiet zone have enjoyed making Berry Banana Cheesecake. The recipe is attached if you would like to try at home – they were delicious!



South York  
MULTI-ACADEMY TRUST



Last week's Rockstars – excellent work on your speedy times tables! Year 6 RD won Battle of the Bands – the children were extremely pleased with this result.

**ROCKSTARS!**



Rockstars for this week – Year 5 took part in Battle of the Bands! Year 5 TE were our winners! A big well done to them.

## DATES FOR DIARIES FROM PTA ...

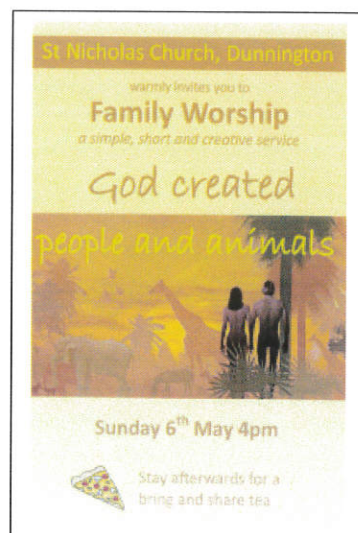
Saturday 7 July 11am - 1pm *PTA Summer Fair*

*Pamper Night* - 11 May

Please could everyone who has booked treatments for the pamper night but not yet paid, please ensure you do so as soon as possible. We will be in the school playground every night straight from school.

Thank you, your support is really appreciated. The PTA Committee

## COMMUNITY NEWS ....



## ATTACHMENTS:

- **Summer Term Important Dates**
- **New Staff Email addresses** – please note our email addresses have changed
- **Berry Banana Cheesecake Recipe**
- **City of York Hockey Club** – details attached regarding U11 Mixed Hockey opportunity at Huntington School

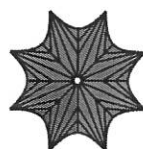


## DUNNINGTON C.E. PRIMARY SCHOOL

### SUMMER TERM IMPORTANT DATES

April	9 <sup>th</sup>	Y3 swimming starts
	10 <sup>th</sup>	Low Mill Meeting 3.30pm
	30 <sup>th</sup>	Y5 LJ to Low Mill
May	2 <sup>nd</sup>	Y5 TE to Low Mill
		Y5 LJ return from Low Mill
	7 <sup>th</sup>	Y2 Assessment Week
	14 <sup>th</sup>	Y6 Assessment Week
	21 <sup>st</sup>	Y2 Assessment Week
	4 <sup>th</sup>	Y5 TE return from Low Mill
	18 <sup>th</sup>	PTA Pamper Night 6.30pm at the Reading Rooms
	22 <sup>nd</sup>	Y5 Topic Celebration 2.30pm ( <i>Y5 parents welcome</i> )
	24 <sup>th</sup>	Humanities Celebration Day
June	8 <sup>th</sup>	EYFS/KS1 visit Yorkshire Museum and Art Gallery
	11 <sup>th</sup>	Y6 Sex Education Week
		Y1 & Y2 Phonics Screening Week
	18 <sup>th</sup>	Walk To School Week
	19 <sup>th</sup>	Boggle Hole Meeting for Y6 parents 6.00pm
	21 <sup>st</sup>	Musical Extravaganza 6pm <i>(Dance Club &amp; Musical Theatre Club parents welcome)</i>
	29 <sup>th</sup>	Y3/4 Topic Celebration 2.30pm ( <i>Y3/4 parents welcome</i> )
July	4 <sup>th</sup>	Y3/4 JD trip to Grimm & Co Magical Apothecary at Rotherham
	5 <sup>th</sup>	Y3/4 CT/SJ trip to Grimm & Co Magical Apothecary at Rotherham
	6 <sup>th</sup>	EYFS/KS1 Topic Celebration 2.30pm ( <i>EYFS/KS1 parents welcome</i> )
	9 <sup>th</sup>	Science Celebration Day
	10 <sup>th</sup>	Sports Day 1.15pm ( <i>parents welcome</i> )
	11 <sup>th</sup>	Sports Day 9.30am ( <i>only if cancelled due to weather on 10<sup>th</sup></i> )
	18 <sup>th</sup>	Non Uniform Day in support of the Yorkshire Air Ambulance - in memory of Steve Spence
		School Picnic 11.45 – 1.15pm ( <i>Adults £3.00, children £2.15, pay at the gate or bring your own picnic</i> )
	20 <sup>th</sup>	Leavers' Service St Nicholas Church 10.00am ( <i>staff &amp; children only</i> )
	20 <sup>th</sup>	Leavers Assembly ( <i>Y6 parents welcome</i> )

Y5 Bikeability dates are still to be confirmed



South York  
MULTI-ACADEMY TRUST

The South York Multi-Academy Trust. Please see our website for a full list of our partner primary schools.

Registered address: Fulfordgate, Heslington Lane, Fulford, York YO10 4FY.

A charitable company limited by guarantee, registered in England and Wales. Company registration number:11082297



## Dunnington CE Primary School

### Staff Email Addresses – April 2018

School email address: [dunnington.primary@york.gov.uk](mailto:dunnington.primary@york.gov.uk)

Davina Abbott	<a href="mailto:davina.abbott@Dunnington.yorkschoools.net">davina.abbott@Dunnington.yorkschoools.net</a>
Sue Brandon	<a href="mailto:sue.brandon@Dunnington.yorkschoools.net">sue.brandon@Dunnington.yorkschoools.net</a>
Rachel Dickenson	<a href="mailto:rachel.dickenson@Dunnington.yorkschoools.net">rachel.dickenson@Dunnington.yorkschoools.net</a>
Jessica Dunn	<a href="mailto:jessica.dunn@Dunnington.yorkschoools.net">jessica.dunn@Dunnington.yorkschoools.net</a>
Tracey Elliott	<a href="mailto:tracey.elliott@Dunnington.yorkschoools.net">tracey.elliott@Dunnington.yorkschoools.net</a>
Alison Falshaw	<a href="mailto:alison.falshaw@Dunnington.yorkschoools.net">alison.falshaw@Dunnington.yorkschoools.net</a>
Caroline Gilderdale	<a href="mailto:caroline.gilderdale@Dunnington.yorkschoools.net">caroline.gilderdale@Dunnington.yorkschoools.net</a>
Antonino Gargiulo	<a href="mailto:antonino.gargiulo@Dunnington.yorkschoools.net">antonino.gargiulo@Dunnington.yorkschoools.net</a>
Caroline Hancy	<a href="mailto:head.dunningtonprimary@york.gov.uk">head.dunningtonprimary@york.gov.uk</a>
Caroline Haynes	<a href="mailto:caroline.haynes@Dunnington.yorkschoools.net">caroline.haynes@Dunnington.yorkschoools.net</a>
Hazel Hutchison	<a href="mailto:hazel.hutchison@Dunnington.yorkschoools.net">hazel.hutchison@Dunnington.yorkschoools.net</a>
Lucy Jarvis	<a href="mailto:lucy.jarvis@Dunnington.yorkschoools.net">lucy.jarvis@Dunnington.yorkschoools.net</a>
Sue Jones	<a href="mailto:sue.jones@Dunnington.yorkschoools.net">sue.jones@Dunnington.yorkschoools.net</a>
Jenny Lockwood	<a href="mailto:jenny.lockwood@Dunnington.yorkschoools.net">jenny.lockwood@Dunnington.yorkschoools.net</a>
Pip Rab	<a href="mailto:pip.rab@Dunnington.yorkschoools.net">pip.rab@Dunnington.yorkschoools.net</a>
Lucie Rowntree	<a href="mailto:lucie.rowntree@Dunnington.yorkschoools.net">lucie.rowntree@Dunnington.yorkschoools.net</a>
Jenny Scholes	<a href="mailto:jenny.scholes@york.gov.uk">jenny.scholes@york.gov.uk</a>
Katie Sheard (currently on maternity leave)	<a href="mailto:katie.sheard@Dunnington.yorkschoools.net">katie.sheard@Dunnington.yorkschoools.net</a>
Edwina Subritzky	<a href="mailto:edwina.subritzky@Dunnington.yorkschoools.net">edwina.subritzky@Dunnington.yorkschoools.net</a>
Charlotte Todd	<a href="mailto:charlotte.todd@Dunnington.yorkschoools.net">charlotte.todd@Dunnington.yorkschoools.net</a>
Collette Waddle	<a href="mailto:collette.reynolds@Dunnington.yorkschoools.net">collette.reynolds@Dunnington.yorkschoools.net</a>

## BERRY BANANA CHEESECAKE



A quick no-bake version of cheesecake using fromage frais and yogurt. You could try different fruits in place of the berries, for example mango, nectarine, peach, kiwi.



**Skills Check:** Follow a recipe; follow food safety & hygiene rules; tidy away; use measuring spoons and cups; chop using bridge/claw technique; garnish and decorate.

**Equipment:** Chopping board, knife, jug, blender, measuring spoons, glasses to serve.

**Allergens\*:** Gluten | Milk

**Ingredients (serves 2):**

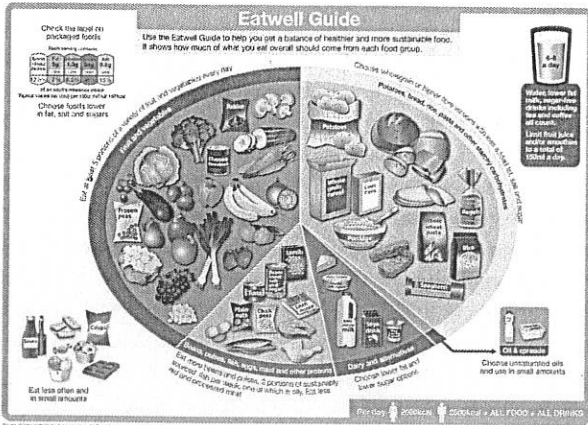
- 2 digestive biscuits
- 2 tbsp thick plain low fat yogurt
- 2 tbsp fromage frais
- 1 banana
- 6 strawberries
- 1 tsp honey
- 1/2 tsp vanilla essence
- Dusting cocoa powder

### Method

1. Put the digestive biscuits in a food bag, and using your fists press into small pieces. Pour a layer of the crumbled biscuits into the bottom of each glass.
2. Slice half the banana into a jug, add the honey, vanilla essence, yogurt and fromage frais. Use the hand-held blender to mix the ingredients until smooth. Pour the mixture over the crushed biscuits, sharing evenly between the glasses.
3. Leave in the fridge for at least half an hour to chill. Just before serving, slice the strawberries and the rest of the banana and place on top of the cheesecakes, sharing the fruit evenly between the glasses. Dust lightly with cocoa powder.

*\*Please note the allergens listed are indicative only. Allergens vary depending on brand; check the labels on the products you use.*

## BERRY BANANA CHEESECAKE Nutrition Information

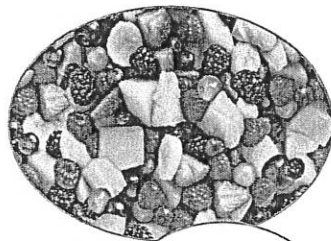


The Eatwell guide shows the proportions of the main food groups that form a healthy, balanced diet:

- Eat at least 5 portions of a variety of fruit and vegetables every day
- Base meals on potatoes, bread, rice, pasta or other starchy carbohydrates; choosing wholegrain versions where possible
- Have some dairy or dairy alternatives; choosing lower fat and lower sugar options
- Eat some beans, pulses, fish, eggs, meat and other proteins (including 2 portions of fish every week, one of which should be oily)
- Choose unsaturated oils and spreads and eat in small amounts
- Drink 6-8 cups/glasses of fluid a day

### So, thinking about Berry Banana Cheesecake...

**Fruit** contains a variety of vitamins, minerals and fibre, and is packed with lots of different substances called phytochemicals. These help protect our bodies against disease.



**Yogurt** is an excellent source of calcium and a good source of vitamin D for strong teeth and bones. It is also a good source of protein.



**Fromage Frais** is a type of smooth fresh soft cheese with the consistency of thick yogurt. It is an excellent source of protein and calcium.

Energy, sugar, fat and salt per serving  
Per 195g serving

**ENERGY**  
928kJ / 220kcal 11%

**LOW FAT**  
4.9g 7%

**LOW SATURATES**  
2.2g 11%

**MED SUGARS**  
25.4g 28%

**LOW SALT**  
0.3g 5%

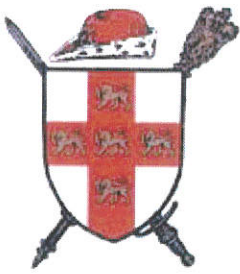
% of an adult's reference intake  
Typical values per 100g : Energy 476kJ / 113kcal

### Notes

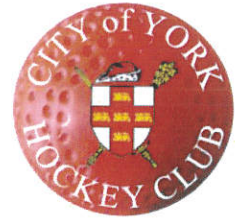
A **traffic light system** is used on nutrition labels to make it easier to see which foods and drinks are lower in calories, fat, sugar and salt. Try and choose more 'greens' and 'ambers' and fewer 'reds', and stick to smaller portions of 'reds'.

Just because a recipe or a food has a red traffic light doesn't mean you shouldn't eat it. Understanding why a food or recipe might have a red light can be helpful. For example oily fish is high in total fat and so any recipe containing oily fish is likely to be 'red' for fat. But it is recommended that we eat oily fish at least once a week because the type of fat it contains is beneficial for our health.

% **Reference Intakes** are also shown. Reference Intakes are guidelines about the approximate amount of particular nutrients and energy required for a healthy diet (based on an average-sized woman doing an average amount of physical activity). Most children will require less than these Reference Intakes. The contribution of one serving of a food or drink to the Reference Intake for each nutrient is expressed as a percentage.



# U11 Mixed Hockey



U11 mixed hockey sessions will begin on Friday 4<sup>th</sup> May 2018, at Huntington School, from 7-8pm.

This is for children in Year 3- Year 6.

There will be 11 sessions at a cost of £30 per child.

To register your child please complete the form below and return it with payment to:

***U11 Mixed Hockey, 4 Harden Close, York, YO30 4WE,***

or bring it to the first session.

Payment can be made by Cash, Cheque (payable to City of York HC), or BACS: 77-71-02 22519068 ref: U11 [child's full name]

---

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Member of City of York HC Y/N      Age Group: \_\_\_\_\_

Any medical Conditions: \_\_\_\_\_

Emergency Contact details:

Name: \_\_\_\_\_

Relationship to Child \_\_\_\_\_

Email Address: \_\_\_\_\_

Mobile Number: \_\_\_\_\_

I have enclosed payment: Cash/Chq/Paid by BACS (Date)\_\_\_\_\_