

Lesson 3 – If you had a fixed mindset – how would you react to an obstacle in the design process? If you had a growth mindset – how would you react to a challenge you face?

Match the actions under each heading on the worksheet by either cutting them out and putting them under the right heading or choosing 2 colours to colour in the matching heading and statements.

Fixed Mindset	Growth Mindset
Pass the work onto someone else to sort out	Break it up and feel cross and annoyed
Walk away to give yourself space to think about the challenge	Talk to another person and ask for their ideas
Quit	Leave it, forget it and go onto something new
Adapt the design	Try again