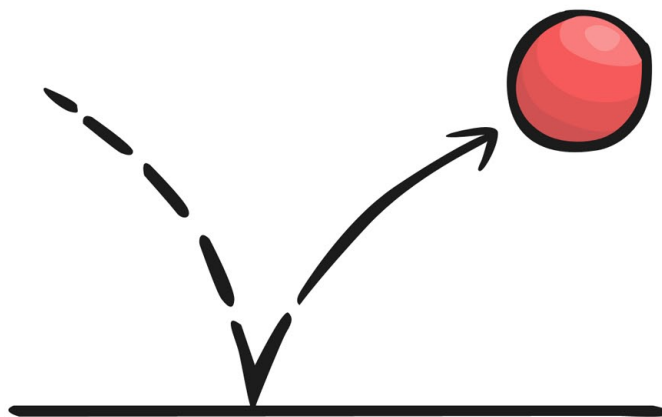


**Throw and catch a ball
with a friend.**

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**How many times can
you bounce a ball?**

[twinkl.co.uk](https://www.twinkl.co.uk)



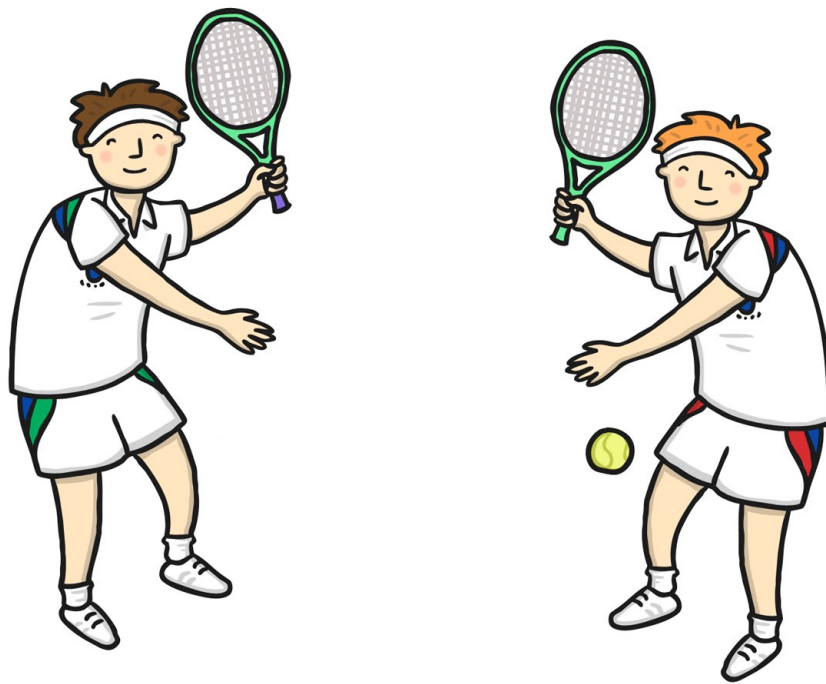
**Make a trail and
follow it.**

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Do 5 star jumps.

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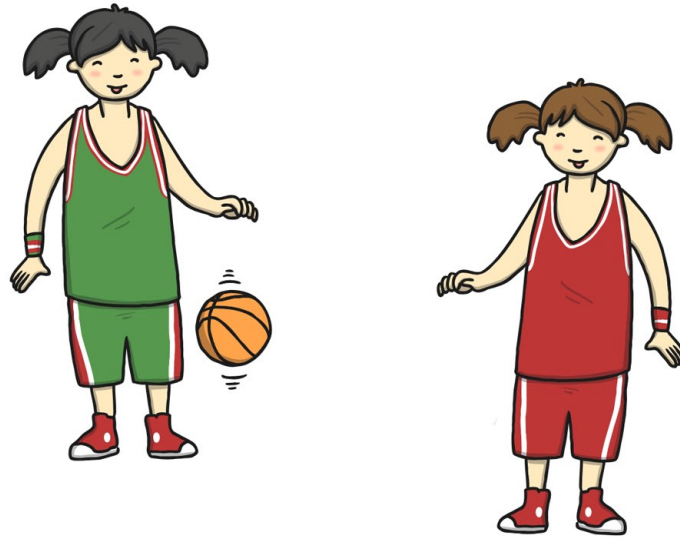
Hit a ball to your friend.

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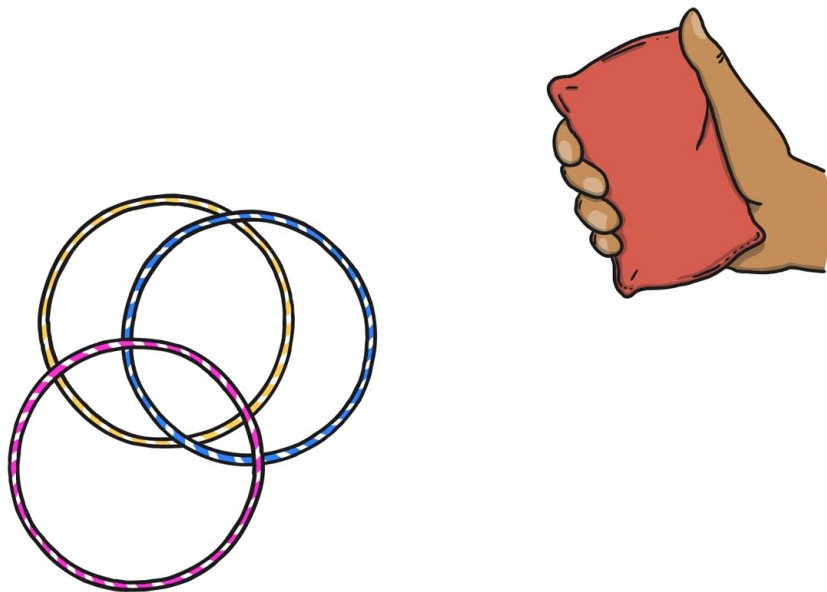
Do **10** star jumps.

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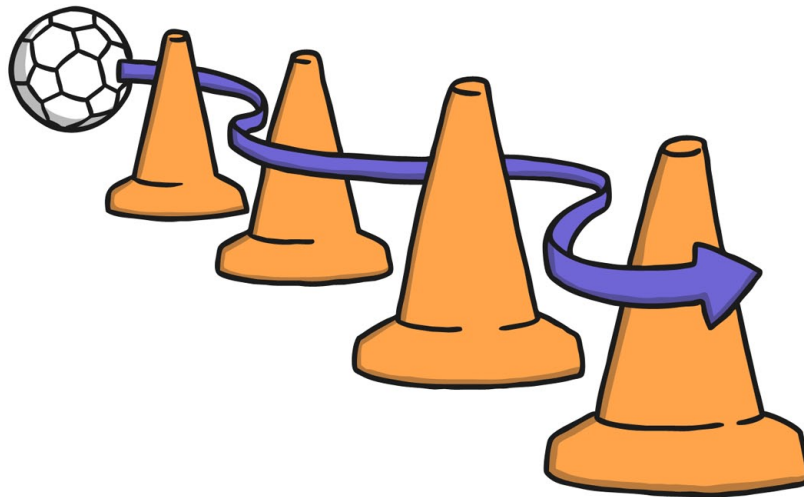
**Bounce a ball to
a friend.**

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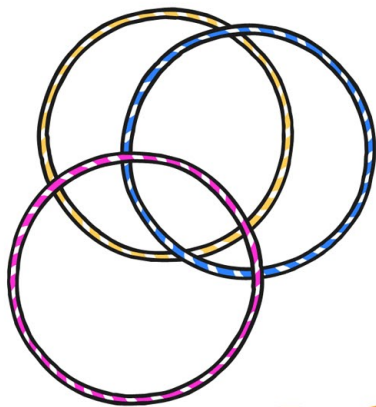
Throw **5 beanbags
into the hoop.**

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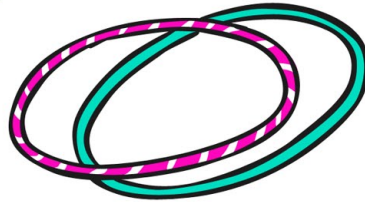
**Dribble the ball
around the cones.**

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Throw **10 beanbags
into the hoop.**

[twinkl.co.uk](https://www.twinkl.co.uk)



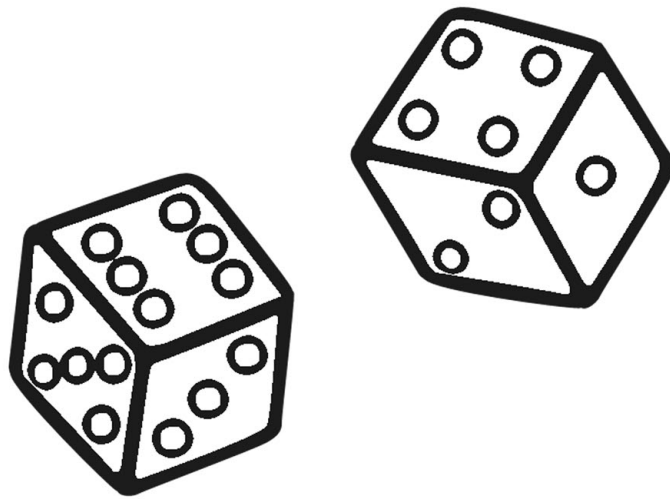
**Jump between the
hoops.**

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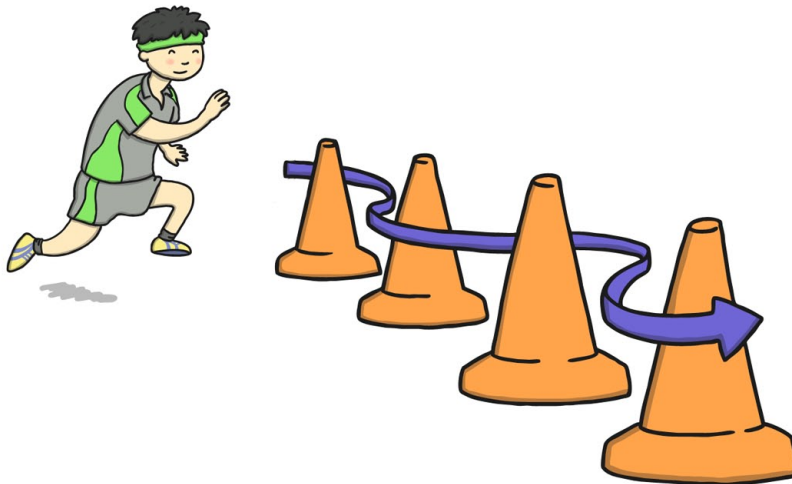
**How many times can
you hop on one foot?**

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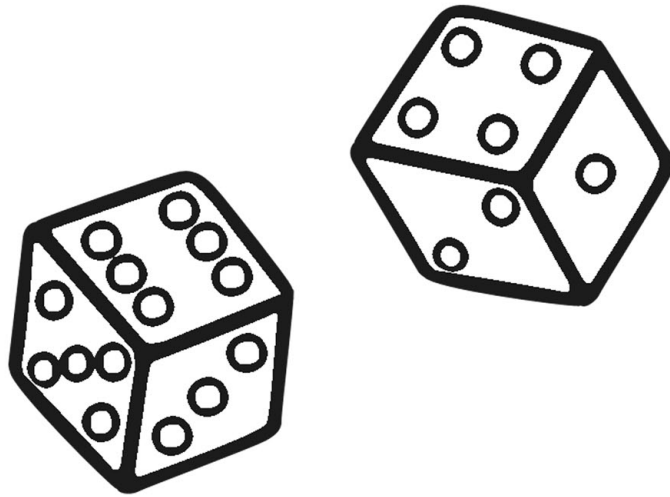
**Roll a dice and then
jump the number.**

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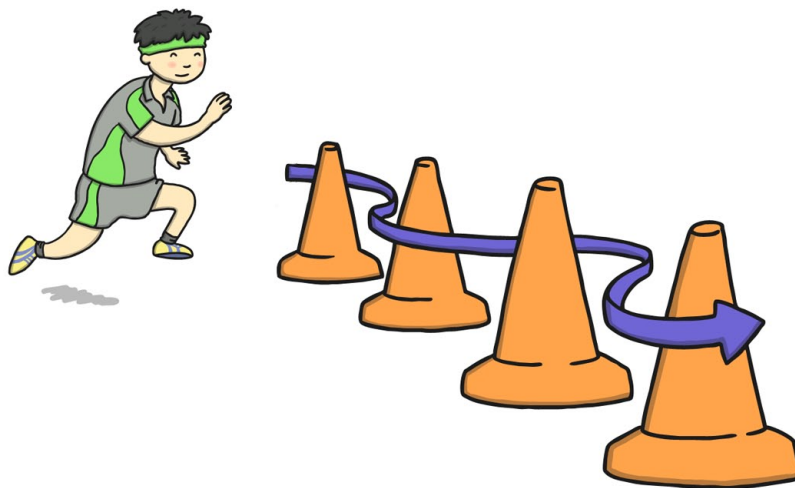
**Run between the cones
5 times.**

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**Roll a dice and then
hop the number.**

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**Run between the cones
10 times.**

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