

## **DUNNINGTON C.E. PRIMARY SCHOOL**

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Dear Parent/Carer,

This school year, as you know, we have been implementing the PSHE (Personal, Social and Health Education) Programme across our school called Jigsaw, the mindful approach to PSHE.

The lessons since March 2021, have sought to build children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. We are sure you will have heard about the Jigsaw Friends and Calm Me time.

The Summer Term Puzzles (units) are about Relationships (unit 1) and Changing Me (unit 2).

The Changing Me Puzzle includes, in every year group, 2 or 3 lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work and obviously the younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. The Year 5 and 6 lessons look more fully at puberty and human reproduction. Staff will cover aspects of lesson plans from prior year groups if there is underpinning knowledge which is needed.

As the materials are new, we attach an information leaflet for parents, our school policy and an overview of the objectives (including some terminology) introduced in the Changing Me unit in each year group. The policy and information leaflet can also be viewed on our school website.

We are unable to host a parent meeting in school currently or to send home the complete lesson plans (for copyright reasons) but should you wish to view the materials individually in school or discuss the content and terminology in more detail, please contact your child's class teacher(s) directly. We know it is helpful for parents/carers to anticipate and be prepared for potential follow-up conversations!

We do as always want to work in partnership with parents and carers, and also wish to inform you of your legal right to withdraw your children from some aspects of this work.



The government made Relationships Education and Health Education statutory for all primary schools from September 2020 and we are keen to share the new statutory requirements with you so you are clear about the curriculum we intend to teach the children, why we feel this is so important, and also the aspects parents have the right to withdraw their children from in Years 4, 5 and 6. **This is explained in our school policy.** 

We hope, like us, you will see the materials in Jigsaw as educationally sound and beneficial to our children, helping to safeguard them. We look forward to sharing them with your children and answering any questions you may have.

Yours sincerely,



