



DUNNINGTON C.E. PRIMARY SCHOOL

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25th May 2023

Dear Parent/Carer,

This school year, as you know, we have continued to implement the PSHE (Personal, Social and Health Education) Programme across our school called Jigsaw, the mindful approach to PSHE.

The lessons, introduced in March 2021, have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. We are sure you will have heard about the Jigsaw Friends and Calm Me time.

The second half of the Summer Term Puzzle (unit) is Changing Me.

The Changing Me Puzzle includes, in every year group, 2 or 3 lessons to help children understand the changes that puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work and obviously the younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. The Years 5 and 6 lessons look more fully at puberty and human reproduction. Staff will cover aspects of lesson plans from prior year groups if there is underpinning knowledge which is needed.

For your information, we attach a leaflet for parents, our school policy and an overview of the objectives and terminology introduced in the Changing Me unit in each year group. The policy and information leaflet can also be viewed on our school website.

We are unable to send home the complete lesson plans (for copyright reasons) but should you wish to view the materials individually in school or discuss the content in more detail, please contact your child's class teacher(s) directly. We also hope to have access to a Jigsaw Parent Portal shortly after half term, where parents can also view lesson content.

We do as always want to work in partnership with parents and carers, and also wish to inform you of your legal right to withdraw your children from some aspects of this work.



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The government made Relationships Education and Health Education statutory for all primary schools from September 2020 and we are keen to share the new statutory requirements with you so you are clear about the curriculum we intend to teach the children, why we feel this is so important, and also the aspects parents have the right to withdraw their children from. **This is explained in our school policy.**

We hope, like us, you will see the materials in Jigsaw as educationally sound and beneficial to our children, helping to safeguard them. We look forward to sharing them with your children and answering any questions you may have.

Yours sincerely,



Headteacher

