

York Neurodiversity Programme 2024

Parent / Carer Webinars

York's Neurodiversity Programme has commissioned the ADHD Foundation is hosting live support sessions in 2024 to help you understand and support your child's unique needs.

These live, 90-minutes sessions are available exclusively online, not recorded, and tailored for parents/carers of children in York schools.

They cover ADHD, emotional regulation, sensory integration, diet/nutrition, and child development (age 7 and under).

Click the links below to register for sessions.

Spring Term 2 (19 February to 22 March)

- Understanding and supporting emotional self-regulation – [Tuesday 12th March from 1pm](#)
- Understanding diet and nutrition – [Tuesday 19th March from 10am](#)

Summer Term (8 April to 22 July)

- Understanding and supporting sensory integration – [Wednesday 24th April from 10am](#)
- Understanding and supporting ADHD – [Thursday 16th May from 1pm](#)
- Understanding your child's early development (age 7 and under) – [Wednesday 22nd May from 7pm](#)
- Understanding and supporting emotional self-regulation – [Thursday 13th June from 7pm](#)
- Understanding diet and nutrition – [Tuesday 16th July from 7pm](#)

Autumn Term 1 (2 September to 25 October)

- Understanding and supporting ADHD – [Tuesday 10th September from 7pm](#)
- Understanding diet and nutrition – [Thursday 19th September from 1pm](#)
- Understanding your child's early development (age 7 and under) – [Wednesday 30th September from 1pm](#)
- Understanding and supporting emotional self-regulation – [Thursday 10th October from 10am](#)
- Understanding and supporting sensory integration – [Wednesday 23rd October from 7pm](#)

Autumn Term 2 (4 November to 20 December)

- Understanding and supporting ADHD – [Tuesday 12th November from 10am](#)
- Understanding and supporting sensory integration – [Thursday 21st November from 10am](#)
- Understanding diet and nutrition – [Wednesday 27th November from 1pm](#)
- Understanding and supporting emotional self-regulation – [Wednesday 4th December from 1pm](#)
- Understanding your child's early development (age 7 and under) – [Wednesday 11th December from 1pm](#)

If you would like anymore information about the project, please contact Emma Weaver from the ADHD Foundation via email:

emma.weaver@adhdfoundation.org.uk